

Washington Biathlon Association Race 1

Stevens Pass Nordic Center, Stevens Pass, WA Saturday, January 28 10:30 A.M. Zeroing, 11:30 A.M. Race 12.5K Men, 10K Women Mass start format <u>http://www.wabiathlon.org</u>

Forecast/Conditions: Overnight low of 26, temperature at start around 27 with an 80 percent chance of snowfall starting around race time with gusty winds from the east/southeast. A moist and firm but softening snowpack should be expected as 4-8 inches of snow is predicted for the day.

<u>Glidewax</u>: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin approximately 2 hours before race, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: N/A

<u>Structure</u>: A fine or universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

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Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at <u>TokoUS.com</u>.